



COVID-19 VACCINE

3rd Dose

Information for ARBDA Patients

1 Which vaccine should I get?

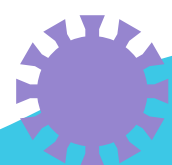
If you received either the Pfizer-BioNTech or Moderna's mRNA COVID-19 vaccine, try to get a third dose of the same vaccine. For example, if you got Pfizer, try to get Pfizer again. However, if your original mRNA vaccine isn't available - get whichever mRNA vaccine is available. Getting the additional vaccine dose is most important.

2 What if I got the Johnson & Johnson vaccine?

Currently, the CDC is not recommending an additional dose of the J&J vaccine at this time.

3 Do I need a prescription to get the 3rd dose?

Not Currently - simply tell the vaccine site your reason for requesting an additional vaccine dose.



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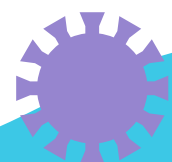


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4 Do I Need a 3rd Vaccine Dose?

If you take any of the following medicine(s) - YES - it's important you receive a 3rd dose:

- abatacept (ORENCIA)
- adalimumab (HUMIRA) or etanercept (ENBREL)
- anakinra (KINERET)
- apremilast (OTEZLA)
- baricitinib (OLUMIANT)
- belimumab (BENLYSTA)
- canakinumab (ILARIS)
- certolizumab (CIMZIA)
- cyclophosphamide
- cyclosporine A (oral)
- golimumab (SIMPONI or SIMPONI ARIA)
- guselkumab (TREMIFYA)
- infliximab (REMICADE, AVSOLA, RENFLEXIS, INFLECTRA)
- ixekizumab (TALTZ)
- methotrexate tablets or methotrexate injections (OTREXUP, RASUVO)
- methylprednisolone (only if dose > 16 mg./ day)
- mycophenolate (CELLCEPT)
- prednisone (only if dose > 20 mg. per day)
- rituximab (RITUXAN, TRUXIMA) ** Call to discuss timing with your doctor.
- sarilumab (KEVZARA)
- secukinumab (COSENTYX)
- tacrolimus (oral)
- tildrakizumab (ILUMYA)
- tocilizumab (ACTEMRA)
- tofacitinib (XELJANZ or XELJANZ-XR)
- upadacitinib (RINVOO)
- ustekinumab (STELARA)



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4 What if my medicine is not on the list (above)?

If you still have questions, concerns, or worries about symptoms, vaccination status, or whether a 3rd vaccine dose is appropriate - we're happy to schedule a phone call with your ARBDA Rheumatologist - we're always here to help!

5 How soon should I get the 3rd dose?

Currently, the CDC is recommending that patients receive the 3rd dose 28 days (4 weeks) after their 2nd dose. If you received your second dose more than 4 weeks ago - you should go to get your 3rd dose of vaccine as soon as possible.

6 Are there reactions to the 3rd vaccine dose?

So far, the reactions reported are similar to the other vaccine doses with fatigue and injection site pain being the most commonly reported. Most patients rated reactions as mild to moderate.

7 Are blood tests needed to determine vaccination?

There are no blood tests that reliably determine how well a person has been vaccinated. Therefore, neither ARBDA nor the CDC is recommending (or requiring) any blood tests to receive a 3rd vaccination dose.

8 What if I just receive infusions/injections at ARBDA / IDYLLIC?

In these situations, it's best to discuss your particular medical condition with your medical specialist (pulmonologist, ophthalmologist, neurologist, allergist, etc.) as they are more familiar with your medical history and condition.



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COVID-19
Vaccine
(mRNA)
Injection Only

Information for ARBDA Patients Post-Vaccination Reminders

1

It may take >2 weeks to build effective immunity to COVID-19 even with the 3rd vaccine dose.

2

Continue to WEAR A MASK in any group setting of more than a handful of people OR where there may be ANYONE who is UNVACCINATED.

3

Continue to follow best practices for preventing the spread of disease (for example, proper handwashing, social distancing, and getting tested if symptoms develop).

